



Futsal Rules

5V5

*Everyone participating in activities at Just 4 Kicks Indoor Sports **MUST** have a signed waiver on file with us in order to eligible for play.*

Number of players

1. Minimum Number of players to start match: 3 one of whom shall be a goalkeeper.
2. Minimum Number of players to finish match: 2
3. Substitution limit: None.
4. Substitution Method: Sub on dead balls.

Main Referee

1. Duties enforce the laws, apply the advantage rule, keep a record of all incidents before, during and after the game, stop game when deemed necessary, caution or expel players guilty of misconduct, violent conduct or other ungentlemanly behavior, allow no others in enter pitch, stop game to have injured players removed, signal for game to be restarted after every stoppage, decide that the ball meets with the stipulated requirements.

Duration of the Game

1. Duration: Two equal periods of 25 minutes.
2. Time-outs: 1 per team per half – duration 30 sec.
3. Half-Time: Maximum of 3 minutes.

The Start of Play Procedure

1. Coin toss followed by kick-off, opposing team waits outside center circle; kick-offs may go backward; kicker may not touch the ball until someone else touches it ; ensuing kick-offs taken after goals scored and at start of second half.
2. **Kick offs are indirect.**

Ball in and out of Play

1. Ball out of play: when it has wholly crossed the goal line or touchline; when the game has been stopped by the referee; when the ball hits the ceiling (restart: indirect kick beneath that point).
2. Lines: Touchlines and goal lines are considered inside the playing area.

Method of Scoring

When the whole of the ball has passed over the goal line, between the goal posts and under the crossbar.

Time Outs

For U-12 and under teams: Coaches may call a 1 minute time out for instructional purposes. These time outs are optional and should be decided by the coaches before the game starts. Time outs can only be called by the team with possession of the ball.

Fouls and Misconduct Direct Free Kick awarded when a player intentionally commits any of the following offenses:

1. Kicking or attempting to kick an opponent
2. Tripping an opponent
3. Jumping at an opponent
4. Charging an opponent in a violent or dangerous manner
5. Charging an opponent from behind
6. Holding an opponent
7. Pushing an opponent
8. Sliding at an opponent ***NO SLIDE TACKLES!***
9. Handling the ball (except the goalkeeper)

Direct Free kick awarded when any of the following offenses are committed:

1. Dangerous play (example- attempting to kick ball held by goalkeeper)
2. Obstruction
3. Charging the goalkeeper in the penalty area
4. Goalkeeper throws ball directly over the halfway line (without it first touching his own side of the pitch.)
5. Goalkeeper controls the ball with any part of his body for more than 4 seconds.

Players shall be cautioned (yellow carded) when:

1. A substituting player enters the pitch from an incorrect position or before the player he is substituting has entirely left the pitch.
2. He persistently infringes the Laws of the Game.
3. He shows dissent with any decision of the referee.
4. He is guilty of ungentlemanly conduct.

Players shall be sent off (red carded) for:

1. Serious foul play
2. Violent conduct
3. Foul or abusive language
4. Second instance of cautionable offenses (second yellow card)
5. Intentionally impeding a clear goal opportunity
6. Intentionally impeding a clear goal opportunity in the penalty area by handling the ball. Direct free kick may accompany the expulsion.

Rules of Expulsion:

1. The player sent off is out for the rest of the game.
2. The team of the player sent off can substitute for that player after 2 minutes of playing time or after the opposing team scores-whichever comes first.
3. The 2 minute punishment shall be checked by the timekeeper.
4. The substitution cannot come on until the ball is out of play and he has a referee's consent.

Free Kick

1. Types: Direct free kick
2. Ball in play: after it has traveled the distance of its own circumference.
3. Time limit: Kick must be taken within 4 seconds
4. Restriction: Kicker cannot touch the ball again until it has been touched by another player.

Penalty Kick

1. To be taken from the penalty mark.
2. The kicker is to aim at the goal, with the intention of scoring.
3. All players must be out of the penalty area, and the players of the opposing team must also be at least 3 yards from the penalty spot.
4. The kicker shall not play the ball a second time until it has been touched by another player.

Kick- In

1. To be taken in place of a throw-in.
2. The ball is placed on the touchline before kicking
3. The kicker's foot not kicking the ball must be outside or at least on the touch line; if it crosses the touchline all of the way, into the pitch, the kick-in is given to the opposing team.
4. The kick-in must be taken within 4 seconds, if it is not; the kick-in is given to the opposing team.
5. The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entails an indirect free kick to the opposing from the point of infringement.
6. Players on opposing team must be at least 3 yards away from point of kick-in.
7. Cannot score directly from a kick-in.

Goal Clearance

1. From inside the penalty area the goalkeeper kicks or throws the ball into play not to pass the midfield line without touching the pitch of his own side.
2. The ball is not in play until it has passed outside the penalty area. If the goal clearance is received inside of the penalty area, the goal clearance shall be taken over.

Corner Kick

1. Ball placed on the corner (no corner –kick arc) If ball is misplaced, the corner kick is taken over.
2. Must be taken within 4 seconds; failure to do so entails indirect free kick to the opposing team from the corner mark.
3. The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entails an indirect free kick to the opposing from the point of the infringement.
4. Players on opposing team must be at least 3 yards away from point of the corner kick.
5. Can score goal directly from a corner kick.